PROGRAMME

FORM 2 Part 1

LIFE SKILLS

© Mauritius Institute of Education (2011) ISBN: 978-99903-40-72-3

Designed by

mie graphics section

Printed by The Government Printing Office

Foreword

In view of the reform of the PreVocational Education at Secondary level, we are pleased to provide to Educators and PreVocational students teaching and learning materials in line with the new Curriculum Framework-Secondary (PreVocational) which will now comprise of four years of schooling.

The objective of the PreVocational education is to provide opportunities to learners to obtain a formal qualification after four years of schooling. It will also provide learners with opportunities to branch out in either, further training in a number of vocational areas or to join the world of work or even to reintegrate the academic stream.

This project necessitates a well-planned teaching based on a set of carefully designed materials. The MIE is providing the pedagogical support and appropriate materials for both teachers and pupils. We believe that all children are educable and we have incorporated in the text materials that would provide learning experiences appealing to a diversity of learners. We wish that teaching is based on a collaborative and consensual approach with the students as well as with the support of the home.

We also hope that these materials will help everyone to obtain a clear idea of the PreVocational project. You will surely notice that the materials can benefit any learner and a much wider group of students than just the PreVocational stream. It will be followed by other more exciting ones to cover the whole of the four years.

I wish to thank all the staff of MIE under whose guidance these materials have been produced and the team of MIE graphic designers who have produced a wonderful piece of work. My thanks also go to the staff of the MITD who have been associated with the writing of the materials, the Educators from secondary schools who have contributed in various panels and the PreVocational Inspectors for their constructive comments.

Sheela Thancanamootoo Director, MIE

Introduction

The form 2 prevocational textbook is a continuation of the learning started in form I. The emphasis in form 2 is on developing skills that will help the students become independent learners while gradually increasing their knowledge base about their body and the community. The topics are still organized under the themes 'Myself' and 'Living Together'.

Listening skills and eye contact in unit 1 aim at improving interpersonal communication, while the students will develop a better understanding of their body in unit 2. They will understand the importance of cooperation and teamwork for success and be able to situate important events in the history of Mauritius to better understand the present in units 3 and 4. Unit 5 aims at developing good habits and improve their physical well being through physical activities.

While the learning is still activity based, the students are now lead through some elements of writing and recording of information. Educators are encouraged to use the integrated approach to learning.

The practical activities in the different units can be easily used to increase the English and French vocabulary of the students. Action verbs and concepts such as over, under, across and many more can easily be taught through the relays and games.

The activities in Life Skills can also be used in the teaching of other domains where needed and conversely activities from other domains should certainly be included in Life Skills to facilitate learning.

Life Skills Panel

Panel members

Coordinator: S. Padaruth, Senior Lecturer, MIE

- P. A. Boullé, Lecturer, MIE
- Dr. R. Bholah, Senior Lecturer, MIE
- J. V. Doorgaya, Educator, MITD
- Dr. S. Goburdhun, Lecturer, MIE
- A. Khodadeen Toofany, Educator
- V. Oodit, Educator, MITD
- Y. Ramdhony, Educator

Table of content

kills and eye contact	1
Careful whisper	2
Follow the leader	3
Draw a story	4
alking eyes	5
	Careful whisper ollow the leader Draw a story

Unit 2: Find	ing out about my digestive and reproductive systems	7
2.1	Self Test: rearrange and name correctly	8
2.1.1	Identify food and brainstorming	8
2.2	Label the major parts of the digestive system	9
2.3	View a clip and answer the questions orally	9
2.4	Collage Work on the digestive system	10
2.5	Project Work:	
	Create your own maquette of a digestive system	10
2.6	Brainstorming on the male and female reproductive system	11
2.7	Vocabulary Hunt	11
2.8	Case study: A short story about Brenda	12
2.8.1	Brainstorming	13
2.9	'Bin maladies'	14
2.9.1	Draw bin and correspond each disease correctly	14
2.9.2	Brainstorming on communicable and	
	non-communicable disease	15
2.10	Group work: Sensitizing posters on the prevention of	
	non-communicable diseases and communicable diseases	15
Unit 3: Sens	se of belonging and cooperation	17
3.1	Self-Test: The table below shows some groups which have	
	an effect in our every day life	18
3.1.2	Broadening the discussion	19
3.2	Independence Day Celebrations and Activities	20
3.3	My commitment as a member a group	21
3.4	Cooperation	21
3.4.1	Cooperation in action	22
3.4.2	The Snake	23
3.4.3	The Rock	24
3.4.4	The World is in our hands	25

Unit 4: The Dutch	in Mauritius	27
4.1	Locating places on the map	30
4.2	Dutch activities in Mauritius	33
4.3	The departure of the Dutch	33
4.4, 4.5, 4.6, 4.7	Supplementary exercise on the Dutch in Mauritius	34
4.8	François Leguat's settlement	38
Unit 5: Movement	and personal growth	41
5.1	Posture and body image	42
5.2	Expressing through Posture	44

J.Z	Expressing milough rostore	44
5.3	Assessing your posture	45
5.4	Basketball	47
5.5	Football	49

|--|

53